

2021 Consumer Directed Healthcare (CDH) Preventive Medications - Standard Plus

This list provides examples of commonly prescribed preventive medications. It is not an all-inclusive list; however, many examples of the medications are listed in each category.

This list does not indicate coverage. Please check with your plan administrator and/or benefit information materials if you have questions on coverage. Your cost share will be determined by your plan's drug coverage and formulary plan.

Coverage prior to the deductible being met may not be provided for every dosage form of a listed medication.

Please note: When feasible, brand names are shown in capitals in each category. If generic is available, it is listed in lowercase next to the brand name. If only generics are available (for example, brands are no longer available), they will only be listed in lowercase.

ASTHMA/COPD

ACCOLATE (zafirlukast)
ADVAIR DISKUS (wixela inhub)
ADVAIR HFA
albuterol
ALVESCO
ANORO ELLIPTA
ARMONAIR RESPLICK
ARNUITY ELLIPTA
ASMANEX HFA
ASMANEX TWISTHALER
ATROVENT HFA
BEVESPI AEROSPHERE
BREO ELLIPTA
BROVANA
budesonide oral inhalation
COMBIVENT RESPIMAT
cromolyn nebulizer
solution
DALIRESP
DULERA
FASENRA
FLOVENT DISKUS
FLOVENT HFA
INCRUSE ELLIPTA

ASTHMA/COPD (continued)

Inhaler and nebulizer
assistive devices
ipratropium/albuterol nebulizer
solution
ipratropium nebulizer solution
levabuterol nebulizer solution
LONHALA MAGNAIR
metaproterenol
montelukast
NUCALA
Peak flow meters
PERFOROMIST
PROAIR HFA
PULMICORT FLEXHALER
QVAR REDHALER
SEREVENT DISKUS
Spirometers
SPIRIVA HANDIHALER
SPIRIVA RESPIMAT
STIOLTO RESPIMAT
SYMBICORT
terbutaline oral
THEO-24
theophylline
TRELEGY ELLIPTA
VENTOLIN HFA

ASTHMA/COPD (continued)

XOLAIR
XOPENEX nebulizer solution
YUPELRI
ZYFLO (zileuton ER)

BONE DISEASE AND FRACTURES

ACTONEL (risedronate)
ATELVIA (risedronate)
BONIVA (ibandronate)
DUAVEE
EVISTA (raloxifene)
FOSAMAX (alendronate)
FOSAMAX D
BINOSTO
RECLAST (zoledronic acid)

CAVITIES

CLINPRO
GEL-KAM
PHOS-FLUR
PREVIDENT
sodium fluoride rinse, gel, cream,
paste, tabs and drops
stannous fluoride rinse

2021 CDH Preventive Medications - Standard Plus

COLONOSCOPY PREPARATION*

CLENPIQ
gavilyte-c
GOLYTELY (polyethylene glycol, gavilyte-g)
NULYTELY (polyethylene glycol, gavilyte-n, trilyte)
PLENVU
PREPOPIK
SUPREP

DEPRESSION

citalopram
escitalopram
fluoxetine
fluvoxamine
PAXIL (paroxetine)
PAXIL CR (paroxetine ER)
PEXEVA
SARAFEM (fluoxetine)
sertraline

DIABETES

INSULINS

AFREZZA
BASAGLAR
HUMALOG
HUMULIN
LANTUS
LANTUS SOLOSTAR
LEVEMIR
LEVEMIR FLEXTOUCH
LYUMJEV
TOUJEO MAX SOLOSTAR
TOUJEO SOLOSTAR
TRESIBA
TRESIBA FLEXTOUCH

INSULIN/GLP-1 RECEPTOR AGONIST COMBINATIONS

SOLIQUA
XULTOPHY

NON-INSULINS

ACTOS (pioglitazone)
ACTOPLUS MET
(pioglitazone/metformin)
ACTOPLUS MET XR
AMARYL (glimepiride)
AVANDIA
BYETTA
BYDUREON
CYCLOSET
DUETACT
(pioglitazone/glimepiride)
FARXIGA
FORTAMET (metformin ER)
glipizide/metformin
Glucometers
GLUCOTROL XL (glipizide ER)
glyburide/metformin
GLYNASE (glyburide)
GLYSET (miglitol)
GLYXAMBI
INVOKAMET
INVOKAMET XR
INVOKANA
JANUVIA
JANUMET
JANUMET XR
JARDIANCE
Lancets
metformin
Misc. diabetic supplies
(e.g. control solution, sensors, transmitters)
Needles
OSEN
OZEMPIC
PRANDIN (repaglinide)
PRECOSE (acarbose)
repaglinide/metformin
RIOMET solution
RYBELSUS
SEGLUROMET
STARLIX (nateglinide)
STEGLATRO
STEGLUJAN
SYMLINPEN
SYNJARDY

NON-INSULINS (continued)

SYNJARDY XR
Syringes
Test strips
TRIARDY XR
TRULICITY
XIGDUO XR

HEART DISEASE AND STROKE

BLOOD THINNERS

aspirin, 81 mg & 325 mg*
aspirin/dipyridamole ER
BEVYXXA
BRILINTA
clopidogrel
COUMADIN (warfarin)
dipyridamole
DURLAZA ER
EFFIENT (prasugrel)
ELIQUIS
XARELTO
ZONTIVITY

CHOLESTEROL LOWERING

HMG-COA REDUCTASE INHIBITORS*

atorvastatin
FLOLIPID suspension
LESCOL (fluvastatin)
LIVALO
lovastatin
pravastatin
rosuvastatin
simvastatin

OTHER CHOLESTEROL LOWERING AGENTS

ANTARA
COLESTID (colestipol)
ezetimibe
ezetimibe/simvastatin
FENOGLIDE (fenofibrate)
FIBRICOR (fenofibric acid)
LIPOFEN
LOPID (gemfibrozil)
NIASPAN (niacin)
QUESTRAN (cholestyramine)

2021 CDH Preventive Medications - Standard Plus

OTHER CHOLESTEROL LOWERING AGENTS (continued)

QUESTRAN LIGHT
(cholestyramine light, prevalite)
REPATHA
TRIGLIDE
TRILIPIX (fenofibric acid)
VASCEPA
WELCHOL tablet (colesevelam)
ZYPITAMAG

HIGH BLOOD PRESSURE (HBP)

ACE INHIBITORS

ACCUPRIL (quinapril)
ALTACE (ramipril)
captopril
fosinopril
LOTENSIN (benazepril)
moexipril
perindopril
PRINIVIL (lisinopril)
trandolapril
VASOTEC (enalapril)
ZESTRIL (lisinopril)

ACE INHIBITORS/DIURETIC COMBINATIONS

ACCURETIC (quinapril/HCTZ)
captopril/HCTZ
fosinopril/HCTZ
LOTENSIN HCT
(benazepril/HCTZ)
moexipril/HCTZ
VASERETIC (enalapril/HCTZ)
ZESTORETIC (lisinopril/HCTZ)

ANGIOTENSIN II RECEPTOR ANTAGONISTS

candesartan
EDARBI
eprosartan
irbesartan
losartan
olmesartan
telmisartan
valsartan

ANGIOTENSIN II RECEPTOR ANTAGONISTS/DIURETIC COMBINATIONS

candesartan/HCTZ
EDARBYCLOR
irbesartan/HCTZ
losartan/HCTZ
olmesartan/HCTZ
telmisartan/HCTZ
valsartan/HCTZ

BETA BLOCKERS

acebutolol
betaxolol
bisoprolol
BYSTOLIC
CORGARD (nadolol)
INDERAL XL
LOPRESSOR
(metoprolol tartrate)
metoprolol succinate
pindolol
propranolol
propranolol ER
TENORMIN (atenolol)
timolol

BETA BLOCKER/DIURETIC COMBINATIONS

LOPRESSOR HCT
(metoprolol/HCTZ)
nadolol/bendroflumethiazide
propranolol/HCTZ
TENORETIC
(atenolol/chlorthalidone)
ZIAC (bisoprolol/HCTZ)

CALCIUM CHANNEL BLOCKERS

ADALAT CC (nifedipine ER)
amlodipine
CALAN (verapamil)
CARDIZEM CD (cartia XT,
diltiazem CD)
CARDIZEM LA (diltiazem ER,
matzim LA)
felodipine ER
isradipine
KATERZIA suspension
nicardipine
PROCARDIA XL (nifedipine ER)

CALCIUM CHANNEL BLOCKERS (continued)

SULAR ER (nisoldipine ER)
VERELAN (verapamil)
TIAZAC ER (diltiazem ER, tiadylt ER,
taztia XT)

DIURETICS

chlorothiazide
chlorthalidone
DIURIL suspension
hydrochlorothiazide
indapamide
metolazone

OTHER HBP & COMBINATIONS

amlodipine/benazepril
amlodipine/olmesartan
amlodipine/olmesartan/HCTZ
amlodipine/valsartan
amlodipine/valsartan/HCTZ
Blood pressure monitors
BYVALSON
CADUET (amlodipine/atorvastatin)
PRESTALIA
TARKA (trandolapril/verapamil)
TWYNSTA (amlodipine/telmisartan)

MALARIA

ARAKODA
chloroquine
mefloquine
MALARONE (atovaquone/
proguanil)
primaquine

MIGRAINE PREVENTION

AIMOVIG
AJOVY
EMGALITY 120mg

MISC ANTIVIRALS

PREVYMIS
SYNAGIS
TRUVADA 200mg/300mg

2021 CDH Preventive Medications - Standard Plus

OBESITY

ADIPEX-P (phentermine)
benzphetamine
CONTRAVE
diethylpropion
LOMAIRA
phendimetrazine
QSYMIA
SAXENDA
XENICAL

SMOKING-CESSATION*

CHANTIX
NICOTROL
NICODERM CQ (nicotine patches)
NICORETTE (nicotine gum
and lozenges)
ZYBAN (bupropion SR 150mg)

VACCINATION*

Anthrax, BCG, Cholera,
Diphtheria, Haemophilus
Influenza B, Hepatitis A and B,
Human Papillomavirus, Influenza,
Japanese Encephalitis, Measles,
Meningococcal, Mumps, Pertussis,
Pneumococcal, Poliovirus, Rabies,
Rotavirus, Rubella, Shingles,
Tetanus, Typhoid, Varicella, Yellow
Fever, Zoster

VITAMINS OR MINERALS

Folic acid*
Prenatal vitamins
Pediatric multivitamins with
fluoride*

*Please note that some of these medications are also subject to the Affordable Care Act (ACA) and may be covered by your plan at 100%.

Express Scripts manages your prescription benefit for your employer, plan sponsor, or health plan. For specific questions on coverage, please call the phone number on your member ID card or visit our website [express-scripts.com](https://www.express-scripts.com).

© 2020 Express Scripts. All Rights Reserved. Express Scripts and the "E" Logo are trademarks of Express Scripts Strategic Development, Inc. All other trademarks are the property of their respective owners.