
















2021 Hess Benefits Resources

PRIMARY RESOURCES

BENEFIT	PURPOSE	CONTACT
Medical, Dental, Life Insurance, Disability Insurance, Critical Illness, Accident, Identity Theft Protection, HSA and DCFS	<ul style="list-style-type: none">Make changes to your benefitsGet your benefits questions answeredChange your beneficiaries	Empyrean 🌐 empyrean.hess.com ☎ 1-877-511-4377, Option 1
Savings, Pension and Deferred Compensation Benefits	<ul style="list-style-type: none">Enroll in the Savings PlanChange your investment electionsRun pension estimatesChange your beneficiaries	Fidelity 🌐 netbenefits.com ☎ 1-877-511-4377, Option 2
Hess Benefits	<ul style="list-style-type: none">Find information, documents and other resources	Hess Benefits 🌐 hessbenefits.com
Human Resources	<ul style="list-style-type: none">Ask about your paycheckVerify your U.S. employmentGet U.S. leave of absence informationGet education assistance informationGet HR support and questions answered	myHR ✉ myhr@hess.com ☎ 1-713-496-7600
Financial Planning	<ul style="list-style-type: none">Retirement planningBudgetingInvesting	Fidelity 🌐 netbenefits.com ☎ 1-877-511-4377, Option 2
myHess Rewards Total Rewards	<ul style="list-style-type: none">See the estimated value of your Hess compensation and benefits, and many of the available extrasDownload a copy of your total rewards statementAccess your previous total rewards statementsLink to service providers	myHess Rewards 🌐 mytotalrewards.hess.com

ADDITIONAL RESOURCES		
BENEFIT	PURPOSE	CONTACT
Medical Coverage	<ul style="list-style-type: none"> Find network providers: Medical Network: National PPO (Blue Card PPO) Vision Network: Blue View Vision Get your claims questions answered Request ID cards 	Anthem  anthem.com  Medical: 1-800-854-1834  Vision: 1-866-723-0515
Chat via Phone with a Nurse	<ul style="list-style-type: none"> Get advice on where to go for care 	24/7 NurseLine  1-800-700-9184
Chat via Video or Phone with a Physician	<ul style="list-style-type: none"> Get help 24/7 for minor health concerns 	LiveHealth Online  livehealthonline.com
Prescription Drug Coverage	<ul style="list-style-type: none"> Find network pharmacies (National Plus network) Get your claims questions answered Get estimates of drug costs Set up mail order delivery 	Express Scripts  express-scripts.com  1-800-858-1678
Dental Coverage	<ul style="list-style-type: none"> Find network providers (Delta Dental PPO or Delta Dental Premier) Get your claims questions answered Request ID cards 	Delta Dental  deltadentalins.com  1-800-932-0783
Health Savings Account (HSA)	<ul style="list-style-type: none"> View your HSA balance Request reimbursement or pay your provider Invest your HSA money 	Fidelity  netbenefits.com  1-877-511-4377, Option 2
Dependent Care Flexible Spending Account (DCFSA)	<ul style="list-style-type: none"> View your account balance Pay a provider File a claim 	WageWorks  wageworks.com  1-877-924-3967
Navigate the Health Care System	<ul style="list-style-type: none"> Find qualified providers Get help with medical claims and appeals 	Health Advocate  healthadvocate.com/hess  1-877-583-8787
Employee Assistance Program (EAP)	<ul style="list-style-type: none"> Get help with financial, legal, relationship, family and other life issues Get referrals to professional counselors 	Health Advocate  healthadvocate.com/hess  1-877-583-8787
Request a Leave or Report an Absence (due to sickness or injury lasting more than five days)	<ul style="list-style-type: none"> Short-Term Disability Maternity Family Medical Leave Act (FMLA) Paid Family Leave 	Matrix  matrixabsence.com  1-713-496-7600, Option 5
POWER UP Wellness Program	<ul style="list-style-type: none"> See program details Learn how to earn incentives View your accumulated points 	Virgin Pulse  powerup.hess.com  1-888-671-9395
Digital Physical Therapy	<ul style="list-style-type: none"> Get digital exercise therapy for chronic back/joint pain Get access to education, behavioral health support and a personal health coach 	Hinge Health  HingeHealth.com/hess  1-855-902-2777
Digital Diabetes Management	<ul style="list-style-type: none"> Get help controlling your blood sugar levels Get diabetes education and access to an expert health coach 	Livongo  welcome.livongo.com/hess  1-800-945-4355
Fertility Management	<ul style="list-style-type: none"> Get fertility support, information about treatment and medication options 	Anthem WIN Fertility  managed.winfertility.com/hess  1-866-217-9482